



MANDR HOUSE 1796-1925
RAVENSWORTH PLANTATION, VA.

*The Official Publication of the Ravensworth Farm Civic Association, Inc.
Springfield, Virginia*

October 2010

The Ravensworth *Farmer*

VOL. XLVII Issue 2

FROM THE PRESIDENT:

Dear Neighbors:

As fall is upon us now, so is a new school season. I have noticed more than a few times recently how fast people drive through our neighborhood-- not just on the main thoroughfares, but on side streets as well. I have also heard many complaints about the commuter bus, FedEx, UPS and US Mail trucks speeding on our streets.

But you can't help but notice that more times than not, it is a minivan being driven by a Mom or Dad hurrying to the store or to pick up/drop off somebody to practice. To be honest, many times I have not been paying close enough attention and I look down and realize I am over the speed limit, too. It is an easy thing to do.

I got a disturbing email from a neighbor the other day about a dog being the victim of a hit and run in front of her house. She was very upset, and rightly so, and wanted to know what we could do about the speeding in our neighborhood.

We have reached out to the Fairfax Police Department to see if we can get the flashing "THIS IS YOUR SPEED" mobile sign placed on Queensberry. Also, we've asked them to increase police presence to ticket speeders. This always has an impact, even if it is only temporary

Con't Pg. 3



RFCA Community Activities

GENERAL MEMBERSHIP MEETING

Thursday, October 28, 2010, 7:30PM
Ravensworth Elementary School

Topic:
Neighborhood Safety

**Garden of the Season
Judging, Pg. 10**

**Sign up for the RFCA Email List to
receive up-to-date information:**

www.ravensworthfarm.org

Article I, Section 3, of the Civic Association's By-Laws provides that the Association shall be strictly non-partisan, non-political, and non-sectarian. Accordingly, the invitation of elected officials and other public figures to speak at Association meetings, and the inclusion of paid political or commercial advertisements in the Farmer or in the attached flyers, do not constitute endorsements by the Association.

RAVENSWORTH FARM CIVIC ASSOCIATION EXECUTIVE COMMITTEE

President	Marty Robinson	703-297-7255
1st Vice President	Ellen Eggerton	703-321-4948
2nd Vice President	Jacquelyn Fix	703-321-3048
Recording Secretary	Ginger Rogers	703-321-1151
Corresponding Secretary	Vacant	
Treasurer	Richmon Tun	703-321-1404

STANDING COMMITTEES

Legislative & County Affairs	Ruth Orem	703-321-8061
Public Service (Streets & Sidewalks)	Tom Terry	703-321-9668
Schools & Education	Anita Bhatnagar	703-942-6806
Green Committee	Jim Hickey	703-321-8535
Membership & Communications	Elissa Myers	703-321-7590
Zoning Committee	Ellen Eggerton Stan Orndorff	703-321-4948 703-321-7990

SPECIAL COMMITTEES

Entrance Committee	Brenda Soares	703-321-7856
Hospitality	Ruth Hartman Ramona Michels	703-321-8063 703-321-7664
New Neighbors	Melanie Bennett Amy Reynolds	571-282-3291 703-321-7317
Cultural Committee		
Vietnamese	Tam Nguyen	703-321-8338
Spanish	Dinora Gonzalez	703-321-0160
Korean	Seo Pani	703-321-8081
German & Russian	Ifira Reynolds	703-321-8383
Arabic	Vacant	
Directory	Coordinator Advertising	Stephen Beste Katherine Craig
		703-321-9110 703-321-3149
Farmer	Editor Preparation Printing, Flyers, Assembly Distribution Advertising	Kathleen Powers Susan Deyampert Laura Asiello Jacquelyn Fix Katherine Craig
		703-321-7523 703-321-3150 703-321-7840 703-321-3048 703-321-3149
Neighborhood Watch	Tom Mathis	703-321-7187
PTA President, Ravensworth Elementary	George H Brodie	703-426-3600
Pool President	Amy Reynolds	703-321-7313
Green Thumb Garden Club	Laura Asiello	703-321-7840
Golden Ravens	Martha Sargent	703-321-9143

Association Calendar 2010 - 2011

MONTH	BOARD MEETING	<i>Farmer</i> DEADLINE	FLYER DEADLINE	PRINT <i>Farmer</i>	DELIVERY	ASSOC. MEETING
October	5	5	1	15	23	28
November	2	2	5	10	20	
December	Nov. 30	Nov. 30	3	8	18	
January	4	4	7	12	22	27
February	1	1	4	11	26	
March	1	1	4	11	19	24
April	Mar. 29	Mar. 29	1	6	30	
May	3	3	6	11	21	26

Membership or Board Meetings are canceled in the event of Fairfax County Public School's early closing or school cancellation.

Con't from Pg. 1

But the best suggestion is for all of us to make a conscious effort to drive the legally posted speed limit of 25 miles per hour. I am sure you will get some tailgaters, and some horn blowing and nasty looks, but it is the most effective way to slow down other drivers.

Please be especially cautious around Ravensworth Elementary and during school hours. Another important tip is to try and stay off your cell phone when driving through our streets. It only takes a second for a child or pet to run into the street-- and we need to keep our wits about us when driving.

Please make the effort to drive slowly and carefully in our neighborhood to keep our children and pets safe.

Marty Robinson, RFCA President, prez@ravensworthfarm.org, 703-297-7255

BLOCKED STORM DRAINS? HERE'S WHAT TO DO...

Fairfax County residents can now call 703-877-2800, TTY 711, to report complaints about blocked storm drains, instead of e-mailing contactmsmd@fairfaxcounty.gov. The Fairfax County Stormwater Maintenance Division's phone number is back in service.



GENERAL MEETING TARGETS SAFETY!

Come join your neighbors for our next Civic Association general meeting as we focus on safety and situational awareness. The Neighborhood Watch committee will present their proposal for a new web-based initiative. You will also have a chance to review and vote on this year's RFCA budget.

When: Thursday, October 28 at 7:30PM

Where: Ravensworth Elementary School



GOLDEN RAVENS PREPARE FOR BABY BOOMERS

This year marks the official beginning of retirement for the baby boomer generation. Those born between 1945 and 1965 will face many challenges. Sometimes they are sandwiched between giving care to both older parents and adult dependent children.

The Golden Ravens offer a place for neighborhood friendship and mutual support for everyone entering this new phase of life. The next meeting is a get-acquainted buffet luncheon at Hunan East in the Burke Town Plaza shopping center on Old Keene Mill at Lee Chapel on October 27 at 11:30 am. Carpools will meet at the Community of Christ Church on Inverchapel at 11AM.

On November 10 the Golden Ravens will host a briefing at 11:15AM on fall prevention in the home by Maureen Fletcher, a balance-certified trainer. Bring a bag lunch to the Community of Christ church on Inverchapel, and don't be late. Mark your calendar now. Beverage and dessert will be provided. Invite a golden neighbor and welcome the baby boomer generation.

GREEN THUMB GARDEN CLUB

The November meeting of the Garden Club will be on Wednesday, November 3rd, at 9:30. It will take place at Laura Asiello's home. We will be learning about Helen Olivia Flowers. Here's a snippet from the internet about them:

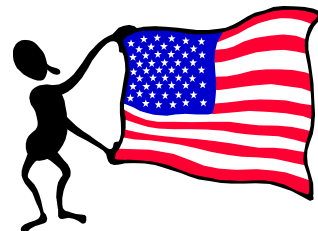
Helen Olivia Flowers is a premiere florist located in Old Town Alexandria, Virginia. Since 2005, floral designer, Marianne Raub, and managing partner, Craig Noah, have been bringing the world's most exquisite flowers, stunning floral design and exceptional customer service to the nation's capital. With the help of their knowledgeable, talented team, Helen Olivia signature floral design has become a recognizable standard of high-end flower arrangements in the Washington DC area.

See you there!

DISPLAYING OUR FLAG

It is the custom to display the flag only from sunrise to sunset. However, the flag may be displayed twenty-four hours a day if properly illuminated during the hours of darkness.

— Your Friendly Ravensworth Farm Resident



WAKEFIELD FARMERS MARKET—ENDS OCTOBER 27TH



Don't forget to enjoy one of our local Farmers Market right across the street in Wakefield Park. Every Wednesday, seven farms from Virginia's Northern Neck to Pennsylvania sell a variety of seasonal produce, baked breads, cheeses, and homemade ice cream. Join the crowds to get some great veggies:

Wakefield Farmers Market
Every Wednesday
2:00 – 6:00 pm

JOIN THIS SPONSORED WALK TO HELP LAKE ACCOTINK PARK!

The Ravensworth Farm community is invited to join Metro Run & Walk and run/walk laps around the lake to build awareness of our great park, and to raise some money for park improvements, too. This is a low-key, non-competitive event that everyone can enjoy.

The main event will be Sunday, November 7th, 9 a.m., starting at the Marina. Many of the participants will run/walk one 3.8 mile lap, but we encourage the hardier folks among you to strive for more laps.

If you prefer to do laps at other times that weekend (either instead of or in addition to Sunday), we've got you covered. We are expanding the weekend long lap challenge to include start times of Friday 12-5, Saturday 9-5, and Sunday 9-4. And our lap board will keep track of your efforts.

Our LAP 4 LAP headquarters will be the small shelter at the Marina. We encourage lap start times to be on the hour, so groups can form. We will take registrations for the 15 minutes before each hour, and 30 minutes before the main event on Sunday morning.

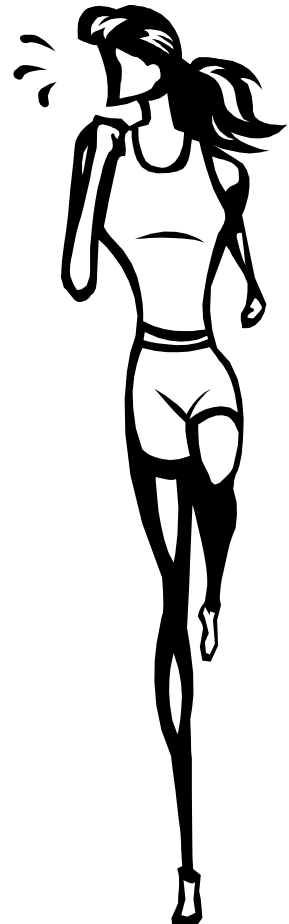
Registration fees depend on the number of laps. Registration is only available on site at the event.

- 1st lap is \$30 (\$10 to Metro Run & Walk for expenses, \$20 to the Park)
- 2nd lap is \$20 more, all going to the Park.
- 3rd lap is \$10 more, all going to the Park.
- All subsequent laps are free.
- Fee adjustments can be made for large families, special circumstances, etc.

Registration gets you a participant number, a tag on the lap tracking board, an 'I lapped for Lake Accotink Park!' t-shirt, and water/Gatorade at the HQ shelter. Other support needs to be self provided, and you are welcome to leave a cooler at the HQ shelter.

Questions? Email Mark Russell, event director, at MetroRunWalk.Mark@gmail.com, or call Metro Run & Walk at 703-913-0313.

Come on out for a fun event and a worthy cause!



UPCOMING EVENTS AT LAKE ACCOTINK

Saturday, October 30

**“Howloween” Dog Talent Show, Costume Contest and Boneyard Hunt
2-4 pm, Lake Accotink Park, 703-569-0285**

Are you and Fido ready for some howlin’ good Halloween fun? It’s time to start practicing those pet tricks and trying on those coordinating outfits! Show off your furry family member’s unique talents and compete for special prizes and treats! The contest is followed by a walk through the "boneyard" to sniff out well-earned treats. All dogs must be leashed and friendly toward other dogs, children and people of all ages. \$6 per dog. Advance payment and registration required.

Saturday, October 30

**Halloween Goblin Golf and Bonfire
6-9 pm, Lake Accotink Park, 703-569-0285**

Join us for this spooktacular event perfect for adults and children of all ages. Dare yourself to venture onto the haunted golf course to play a round of golf with glow in the dark golf balls, ride the spooky carousel, and join in storytelling over a cup of hot chocolate around a beach bonfire. Wear a costume if you'd like. \$7 per person. Advance payment and registration encouraged.

Saturday, November 13

**AKC Canine Good Citizenship Test
1-3 pm, Lake Accotink Park, 703-569-0285**

Test requires a basic understanding, on the part of both dog and handler, of basic obedience commands. Students must complete appropriate paper work, and bring a brush or comb to be used during the test. Visit www.AKC.org to read the rules and get a list of commands that will be tested. Test is open to all breeds and is used by many insurance companies when providing homeowners insurance. Dogs that have successfully completed Level 2 or equivalent of obedience classes should be able to pass this test. Fee is \$31 per dog (\$46 for non-residents of Fairfax County). Advance payment and registration required.

STEPS TO SPEED UP YOUR COMPUTER

1. Make sure your hardware is sufficient.

One of the main culprits of a sluggish computer is usually insufficient memory.

You want to have between 2.00 GB to 4.00 GB of memory for Windows to run smoothly.

To find out how much memory your computer has, do the following:

Click on "Start" in the Lower Left corner of your screen

Right click on "Computer" and Select "Properties"

Start --> Right click Computer --> Properties

2. Scan for Viruses, Malware, and Adware

CNET is a great source for computer applications: <http://download.cnet.com/windows/>

On CNET, you want to do a search for these programs:

Malwarebytes

AVG Antivirus

Ccleaner

Running the above 3 programs will scan your computer for unwanted files.



3. **Uninstall Unused Programs**

Start --> Control Panel --> Programs (Vista or Windows 7)

Start --> Control Panel --> Add / Remove Programs (Windows XP)

4. **Scan Your Windows System for Errors**

Click on "Start" in the Lower Left corner of your screen

Double click on "My Computer"

Right click on the "C:" drive

Click Properties, and then click the "Tools" tab

Under Error-checking, click "Check Now"

It may take from 30 minutes to a couple of hours to scan and fix all windows system files.

Advice provided by: Beltway PC / (571) 969 - 1122 / BeltwayPC.com

NATIONAL FIRE SAFETY MONTHLY

October is National Fire Safety Month, but fire safety is an important topic year round in both the workplace and the home. Injuries and fatalities are the greatest risks of fires, but fires can also destroy homes, workplaces and valuable property. It is everyone's responsibility to look out for anything that could potentially cause a fire and report issues for correction. Here are a few general tips for a fire-safe workplace:

- Practice good housekeeping: Clutter can help fuel fire and can also cause issues with egress in emergency situations;
- Ensure equipment is maintained; report any electrical issues or equipment that overheats or causes sparks;
- Avoid blocking electrical panels: blocked panels could hinder shutting off electrical equipment;
- Use and store chemicals safely: check the label and MSDS for proper storage and use;
- Make sure coffee pots and other electric devices are off/unplugged.
- If you smoke, only do so in designated areas and extinguish smoking materials safely; and
- Never block sprinklers or fire fighting equipment when stacking and storing materials.

What to Do In Case of a Fire:

- Know your buildings procedures and know your role in the event of an evacuation;
- You may have to pull the alarm if a fire occurs and the alarm does not sound;
- Proceed to your assembly area outside of the building. Each group should designate a specific meeting location and employees must check in with their emergency response team member;
- Ensure all employees are accounted for and report any individuals who may be missing;
- Stay on site until you have been accounted for and told that you may leave; emergency personnel will search the building for any employees who are missing;
- Keep in mind fire extinguishers should only be used in very small fires and only if you have been trained to use a fire extinguisher;
- Take fire drills seriously as they are designed as practice to help save lives in case of an actual event.

Fire Safety is also important at home. Take this home fire safety quiz to learn more:

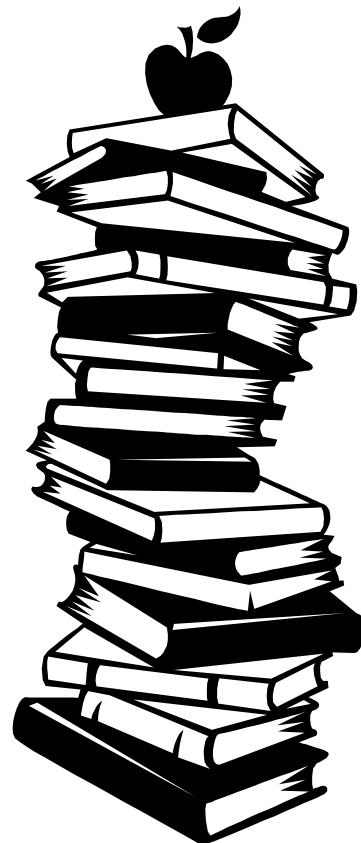
http://www.nfpa.org/assets/files//FPW08/fire_prevention_week_quiz_2008.html

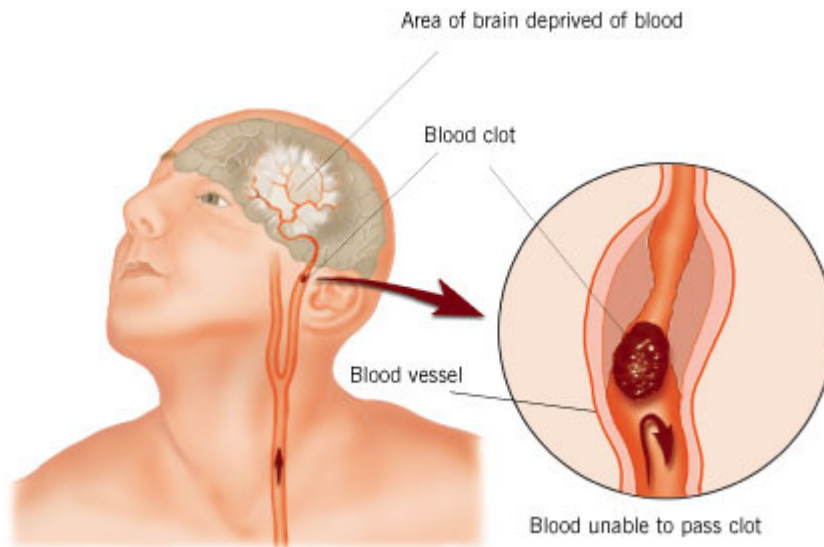
Here's another resource for those who have children in the home: <http://www.firesafety.gov/kids/flash.shtm>

RENOVATED LIBRARIES AND KEY TO "A NEW BEGINNING"

Three renovated and expanded library branches hosted ribbon-cuttings this summer and another moved into a temporary location while renovations go forward. Funded by a 2004 bond referendum, the renovations include a variety of environmentally friendly design features to be certified under the U.S. Green Building Council's Leadership in Energy and Environmental Design program (LEED).

- **Thomas Jefferson Library** — Saturday, June 26. A special feature of the library is the main entrance area with brick pavers marked with the names of donors. The Gateway to Freedom Project, created by the Vietnamese-American community to thank Americans, raised \$45,300 through the sale of the bricks. The library, originally constructed in 1962, is now 17,000 square feet, with 24 public computers and group and quiet study areas. There also is a large meeting room with a capacity of 148 that can be divided into two smaller meeting rooms.
- **Martha Washington Library** — Saturday, July 10. Martha Washington Library started as a storefront in 1954; the third library to be established in Fairfax County. The current building opened in 1969. The renovation expanded the facility from 10,220 square feet to 16,663 square feet with 24 public computers and meeting space for group study, quiet study and community groups. The large meeting room has a capacity for 142 and can be divided into two smaller meeting spaces.
- **Richard Byrd Library** — Thursday, July 22. The library originally began as a storefront library of 1,400 square feet in 1958; it was the county's fifth branch. A new building opened at the current location in 1965. The library is named for Rear Admiral Richard E. Byrd, a native Virginian and descendant of one of the First Families of Virginia. The weathervane atop the dome was created by Connecticut artist John Thew, who met the admiral in the 1950s. The weathervane is an accurate replica of the Ford Tri-Motor airplane that the admiral flew during his exploration of Antarctica and in his flight over the South Pole. Renovations include an additional 7,200 square feet, additional 35 parking spaces, multiple meeting rooms with additional capacity, modernized facilities and 24 public computers.
- **Dolley Madison Library** — June 28. The ceremony opening the temporary library space included a key with the phrase: "A New Beginning – Dolley Madison Library." When completed in summer 2011, the renovated Dolley Madison Library will include an additional 8,348 square feet, additional parking spaces, multiple meeting rooms with additional capacity, modernized facilities and 24 public access computers. The temporary space will have a reduced collection of materials due to space limitations; however, customers can request material from other branches for pick up at the temporary library.



STROKE IDENTIFICATION REMEMBER THE 1ST THREE LETTERS... S.T.R.

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) and just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00pm , Ingrid passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today. Some don't die. They end up in a helpless, hopeless condition instead. It only takes a minute to read this...

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

Recognizing a Stroke

Thank God for the sense to remember the "3" steps, STR. Read and Learn! Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

- **S** * Ask the individual to **SMILE**.
- **T** * Ask the person to **TALK** to **SPEAK A SIMPLE SENTENCE** (Coherently) (i.e. . . It is sunny out today).
- **R** * Ask him or her to **RAISE BOTH ARMS** .

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke. If he or she has trouble with ANY ONE of these tasks, call for help immediately and describe the symptoms to the dispatcher.

GARDEN OF THE SEASON WINNERS

1st Place—5512 Ravenel Lane (Lisa & Anson Barney)

2nd Place—5309 Nutting Drive (Sandra & James Buratti)

3rd Place—5227 Kepler Lane (Maria & Carlos Santizo)

Honorable Mention:

- 8121 Adair
- 8123 Bullock
- 5313 Landgrave
- 5417 Moultrie
- 5511 Nutting
- 5513 Pillow
- 5515 Pillow
- 5411 Queensberry
- 7916 Slidell Lane
- 8135 Drayton Lane



WELCOME NEW NEIGHBORS

Inyoung Moon and Family
5318 Pillow

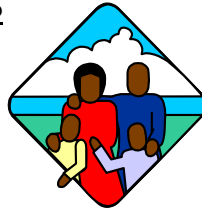
Tim and Kim Cox and Family
5421 Moultrie

Kesor and Ponaka Longo.
5224 Kepler

Rolando Rodriguez and Julie Meyer
5512 Queensberry

Ryan Crosby
5646 Inverchapel

Steve Bourke
5620 Inverchapel



Erich/Jen Telfer
5631 Inverchapel

Eileen/Kevin Copas and Family
5648 Inverchapel

Matt/Patty Salerno
7932 Ellett

Jeff/Lisa Black and Family
5506 Ravenel

Roger/Jennifer Lewis
8131 Carrick

Skip/Rayanne & Emma Pirozzi
5627 Ravenel

When a new neighbor moves in on your street, please call Melanie Bennett at 571-282-3291 or email melanieannebennett@gmail.com.

HOSPITALITY

We send get well wishes to the following neighbors:
Nan O'Neill on Moultrie Road who had back surgery.



WANT TO PLACE A CLASSIFIED AD?

Email Kathleen@ravensworthfarm.org or mail to P.O. Box 1020 Springfield, VA 22151. Deadline for each month's classified ads can be found in the chart on page 3.



CLASSIFIED ADS may be placed in the *Farmer* at no cost to residents of Ravensworth Farm. Classified ads must be mailed to: The Ravensworth *Farmer*, P.O. Box 1020, Springfield, VA 22151. This classified ads section is a service to Ravensworth residents, and is not intended for business or commercial use. Accordingly, we will run ads for house sales, commercial services, etc. in this section once; if the advertiser wishes to repeat them, he/she must shift them to the paid ad category.

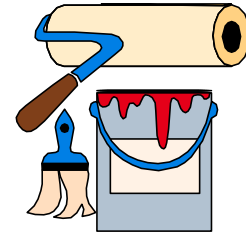
FOR SALE	Cast iron wood stove by Pioneer Castings; \$200. Owner's manual included. Call 703-321-7482.
FOR SALE	Cherry Curio Cabinet with five glass shelves, mirrored back, lighted interior. Pulaski brand. Less than 5 years old. Comes with four extra shelves. Great for collections. \$200. Call 703-321-7523 in the evenings.
FOR RENT	Condo for Rent in the Outer Banks, one bedroom with loft; one bath; sleeps four; kids welcome. Close to beach and other attractions. Long weekend availability. Contact Pam Ryan at 703-447-6283 or email pamkug@aol.com.
WANTED	Good used furniture for needy low income families in the Annandale area. Needed are beds, dressers, kitchen tables & chairs, sofas, love seats, end tables lamps and TV's. Unfortunately, we cannot take sleep-sofas. Call Bill Sinclair at 703-321-7529 or the Annandale Christian Community for Action warehouse at 703-256-1991 Call the warehouse ONLY on Saturday mornings.

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(703) 321-5335**



What are you looking for?

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Hope Lutheran Church is an inclusive and welcoming congregation, offering a variety of ways to become involved and/or to serve your community. Why not come and see for yourself? Join us on Sunday for:

- Classes for kids and adults - 9am
- Worship at 10am Holy Communion is celebrated every Sunday
- Kids' chapel during the service
- Attended Nursery available
- Coffee and fellowship before and after the service
- Monthly potlucks on the 2nd Sunday – great food and fellowship!

Additional activities:

- Wednesday Bible Study – 11 am and 6:30pm
- Monthly Men's and Women's Breakfasts
- Choirs – voice and bells
- English as Second Language classes
- Quilting group and Knitting/Crochet group
- And more!

Hope Lutheran Church, 4604 Ravensworth Rd, Annandale, VA 703-256-9040

www.hopeannandale.org

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BURKE, VIRGINIA 22015
PHONE: 703-249-0044
WWW.GREATHARVESTBURKE.COM



Community of Christ

Experience a Ravensworth community church where all are welcome.

5610 Inverchapel Road, Springfield, VA
(703) 321-0507 (church)
(703) 409-1920 (pastor)

Sunday Services:

9:30 a.m. Classes for all ages
10:45 a.m. Worship Service

Please join us for these community activities:

- Children's Playground
- Picnic Area
- Ravensworth Golden Ravens
- Community Picnics and Yard Sales
- Christmas and Easter Special Activities for Everyone!

We proclaim Jesus Christ and promote communities of joy, hope, love, and peace.

www.CofChrist.org
www.cofchrist-cbmc.org

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www.rebuildwarehouse.org

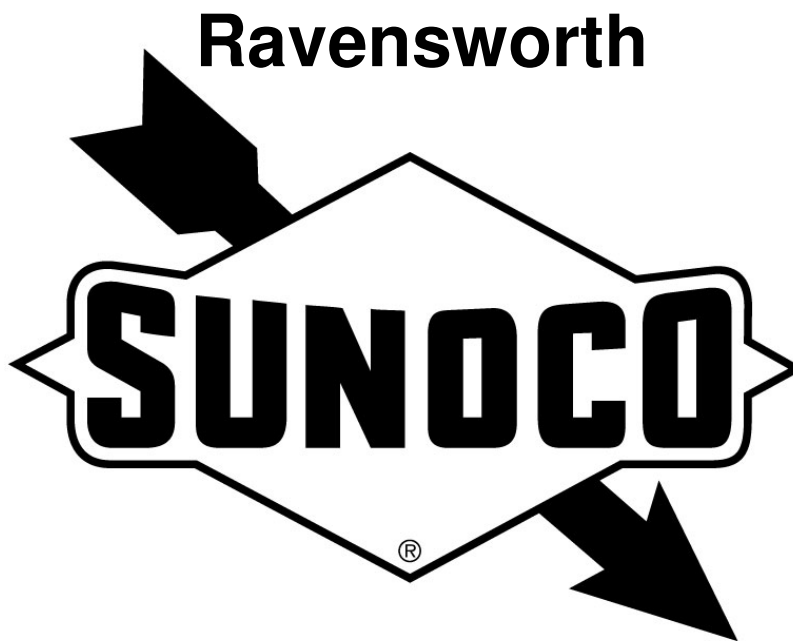
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