

The Official Publication of the Ravensworth Farm Civic Association, Inc. Springfield, Virginia

## December 2011 <br> The Ravensworth Farmer <br> VOL. XLVII Issue 4

## FROM THE PRESIDENT:

Dear Neighbors:
I have to admit, each month I am late with these letters. Invariably at our Board meeting I will get a gentle reminder from Kathleen Powers that I am once again creeping up on the deadline for the Farmer and that I need to get in gear. My last letter was at Halloween when we had just had an early snowstorm and today, November 29th, it is 70 degrees outside and it is kind of hard to figure what clothes you should put away or take out of the attic when there is no rhyme or reason to the seasons.

I thought that this month I could highlight some of the local businesses in the area that are worth mentioning. Bazzano's Pizzeria was a place that I found when I first moved here to Ravensworth Farm. My car was being serviced at Ravensworth Sunoco and I had some time to kill, the mechanic suggested I go over to Bazzano's and wait for my car to be finished. I ordered a meatball sandwich with fries and found it to be as good as I have ever tasted. The wait staff is always pleasant and you can walk there from Ravensworth Farm. Another favorite of mine is the Swiss Bakery. I have ordered all of the family birthday cakes, loaded up for Oktoberfest parties, and often sneak in for chocolate macaroons and a latte on a disturbingly regular basis.


## Inside:

Holiday Decoration Judging, Pg. 4

> What's going on with Braddock Road? Pg. 5

How We Voted, Pg. 6-7

Join us on Facebook (check the website for details):

Con't Pg. 3

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## RAVENSWORTH FARM CIVIC ASSOCIATION <br> EXECUTIVE COMMITTEE

| President | Marty Robinson | $703-297-7255$ |
| :--- | :--- | :--- |
| 1st Vice President | Ellen Eggerton | $703-321-4948$ |
| 2nd Vice President | Jacqueline Fix | $703-321-3048$ |
| Recording Secretary | Ginger Rogers | $703-321-1151$ |
| Corresponding Secretary | Kevin Joyce | $703-587-7989$ |
| Treasurer | Richmon Tun | $703-321-1404$ |

STANDING COMMITTEES

| Legislative \& County Affairs | Vacant |  |
| :--- | :--- | :--- |
| Public Service (Streets \& Sidewalks) | Tom Terry | $703-209-2675$ |
| Schools \& Education | Anita Bhatnagar | $703-942-6806$ |
| Green Committee | Jim Hickey | $703-321-8535$ |
| Membership \& Communications | Elissa Myers | $703-321-7590$ |
| Zoning Committee | Ellen Eggerton | $703-321-4948$ |

SPECIAL COMMITTEES

| Entrance Committee | Marti Terry Brenda Soares Margaret Kinder | $\begin{aligned} & 703-209-4424 \\ & 703-321-7856 \\ & 703-764-9576 \end{aligned}$ |
| :---: | :---: | :---: |
| Hospitality | Ruth Hartman Ramona Michels | $\begin{aligned} & 703-321-8063 \\ & 703-321-7664 \end{aligned}$ |
| New Neighbors | Melanie Bennett Donna Karlinchak Amy Reynolds | $\begin{aligned} & 571-282-3291 \\ & 703-321-4805 \\ & 703-321-7317 \end{aligned}$ |
| Cultural Committee <br> Vietnamese <br> Spanish | Tam Nguyen Dinora Gonzalez | $\begin{aligned} & 703-321-8338 \\ & 703-321-0160 \end{aligned}$ |
| Directory Coordinator | Stephen Beste | 703-321-9110 |
| Farmer Editor <br>  Preparation <br>  Printing, Flyers, Assembly <br>  Distribution | Kathleen Powers <br> Susan Deyampert <br> Laura Asiello <br> Jacqueline Fix | $\begin{aligned} & 703-321-7523 \\ & 703-321-3150 \\ & 703-321-7840 \\ & 703-321-3048 \end{aligned}$ |
| Neighborhood Watch | Vacant |  |
| PTA President, Ravensworth Elementary | Joey Stengell | 703-272-8647 |
| Pool President | Chris Bergen | 703-451-0642 |
| Green Thumb Garden Club | Doddie Cave Nancy Jarvie | $\begin{aligned} & 703-321-9773 \\ & 703-321-8319 \end{aligned}$ |
| Golden Ravens | Joan Crofford | 703-321-7809 |

## Association Calendar 2011-2012

| MONTH | BOARD <br> MEETING | Farmer <br> DEADLINE | FLYER <br> DEADLINE | PRINT <br> Farmer | DELIVERY | ASSOC. <br> MEETING |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| December | Nov. 30 | Nov. 30 | 2 | 7 | 17 |  |
| January | 4 | 4 | 6 | 11 | 21 | 26 |
| February | 1 | 1 | 3 | 10 | 25 |  |
| March | Feb. 29 | Feb. 29 | 2 | 9 | 24 | 29 |
| April | 4 | 4 | 6 | 9 | 28 |  |
| May | 2 | 2 | 4 | 11 | 26 | 31 |
| Membership or Board Meetings are canceled in the event of Fairfax County Public School's early <br> closing or school cancellation. |  |  |  |  |  |  |

Con't from Pg. 1

As I am sure you know by now, I am originally from New Jersey and we are quite snobbish about our pizza. My neighbors, Kate and Joe, recommended a place in Burke called Villa Bella. They used to live in Italy and they swore that this brick oven pizza was as authentic as you could get. My wife and I made the trek out to the Burke Walmart shopping center (I know, it doesn't sound so great so far) and were amazed with how great the pizza was at Villa Bella. We have been back there two dozen times in the past year and every time the pizza is perfect. However, now I hold a strong grudge against Kate and Joe for not telling us about this place sooner.

And as strange as this might sound, my favorite place in the area is Royal Valet Dry Cleaning in the Ravensworth Shopping Center. This is a business that I frequent every single week with my work shirts and suits. The staff is always friendly and helpful and I have always been happy with the service. Recently I started to use the services of the tailor for getting some pants hemmed on a new suit. The price was fair and the work was very good. Where they earned my undying loyalty was in my last visit to the tailor with a crisis situation. I had just purchased a new suit and wore it for the first time to a family wedding. When I wore it for a second time to work that week I noticed an inch long tear in the upper sleeve. I was heartbroken because the tear was not on a seam and I was sure that the suit was ruined. I even started looking at what blazers I might be able to pair up with the suit so it would not be a total loss. I took the jacket into Royal Valet and showed them what we were up against. They told me that they couldn't make any promises, but would try their best to repair the tear. A week later, with very little hope in my heart, I returned to pick up the suit to find the most incredible sewing magic I have ever seen. The tear is completely invisible and I am baffled as to how she was able to fix this nightmare. The price was more than fair and the work was exceptional, I can assure you, the tailor at Royal Valet is a genius.

So, please consider joining me in supporting our local merchants. I bet you won't be disappointed.
Marty Robinson, RFCA President, prez@ ravensworthfarm.org, 703-297-7255

## WHEN THE BALL DROPS－THE GOLDEN RAVENS PONDER

The night the ball drops on Times Square in New York probably means different things to different people．To the Golden Ravens it can be the symbol of retiring from a busy life or the beginning of what comes next．In either event，it is comforting to know there are others in the Farm also thinking the same thoughts．So we appreciate the gatherings each month hosted by the Community of Christ church and those who help plan and arrange the pro－ grams．There is always room for more at the table so if you qualify－being over age 50 and looking for some new friends－why not come join in the beginnings of a new year．We meet the fourth Wednesday of each month Sep－ tember to June．Call Joan Crofford for more details at 703－321－7809．

## WANTED：EDITOR FOR THE FARMER

The current editor of the Farmer is retiring from both her regular job and the Farmer，too．Can you step in and fill this position？A small stipend is available． The editor：
－Collects data from community groups，clubs and committees
－Proofreads and edits community information
－Attends a monthly board meeting
－Writes short articles based on the meeting

－Sends a master file of information to the formatter
－Develops the annual schedule for formatting，printing and delivery of the Farmer
－Works with RFCA Board to produce annual schedule of events for community
－Answers questions by email and phone regarding Farmer information
If interested，please contact Marty at 703－297－7255 or Kathleen at 703－321－7523．

## SIGHTS \＆LIGHTS OF THE SEASON

Greetings fellow residents！With only a few days left until Thanksgiving，time is near to untangle your strings of lights，test the bulbs and make sure that all the holiday decorations，which were carefully stored last year，are in top－notch shape for another fabulous Ravensworth Holiday Display！This year＇s judging will take place on Sun－ day，December 19th．Remember that the categories of judging will be：

$$
\begin{array}{ll}
\text { 咨 } & \text { Best Overall } \\
\text { 粦 } & \text { Best Religious } \\
\text { 类 } & \text { Best Door/Window }
\end{array}
$$

## 氺 Most Original <br> 率 Kid＇s Favorite



## A SIGHT TO BEHOLD!



Want to see a spectacular display of holiday lights this Christmas? Visit a home in nearby North Springfield to see an outdoor holiday extravaganza that features lights, music and even talking characters! Be sure to tune your car radio to 107.9 to hear the holiday music. The lights change in tempo with the music and you'll hear some favorite holiday characters speak and sing, too.

The address is 5406 Fremont. Here's how to get there: take Braddock Road east; turn right onto Heming. Take the 8th left onto Chatham. The fourth street on the right is Fremont. The house is the 4th house on the left. One note: please don't block neighbors' driveways as you enjoy this special holiday display.

## WHAT'S GOING ON WITH BRADDOCK ROAD?

The January Civic Association meeting will feature two speakers who will update us on the HOT Lanes Project: Jamie Breme from VDOT and Jeff Wagner from FluorLane. They will specifically discuss the intersection of Braddock Road and the Beltway/HOT Lanes. What's it going to look like? Where will be the entrances? It should be very interesting, so please feel free to invite any interested friend or neighbor to join us.

When: Thursday, January 26


Time: $\quad 7: 30 \mathrm{pm}$
Place: Ravensworth Elementary School

## WELCOME NEW NEIGHBORS

Ortegae Family
5622 Inverchapel Road
Eugene/Bethany Heim
5236 Inverchapel Road
Sara/Michael Ortiz
5229 Inverchapel Road
George/Maria Bencivengo
5504 Inverchapel Road
Amy/Luke Buskirk 5517 Sedgwick

Lanny Ung
5534 Queensbury

Alex Chinh 7816 Ravenel Court

Gina/Andrew Rocco
5406 Moultrie Road
Willy Rocha
5218 Landgrave
Jose Chacon/Jennifer Tillman
8143 Halleck Court

When a new neighbor moves in on your street, please call contact the New Neighbor Committee (pg. 2).

## HOW WE VOTED-NOVEMBER 8, 2011

| Ravensworth |  |
| :---: | :---: |
| $\#$ | $\%$ |


| Fairfax County |  |
| :---: | :---: |
| $\#$ | $\%$ |


| Virginia |  |
| :--- | :--- |
| $\#$ | $\%$ |

State Senate -- 35th District

| Saslaw (D) | 303 | $52.2 \%$ | 12,584 | $60.0 \% \checkmark$ | 15,905 | $61.7 \% \checkmark$ |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Sarvis (R) | 267 | $46.0 \%$ | 7,893 | $37.7 \%$ | 9,272 | $36.0 \%$ |
| Pettigrew (IG) | 10 | $1.7 \%$ | 471 | $2.2 \%$ | 591 | $2.3 \%$ |
| Write-Ins | 0 | $0.0 \%$ | 16 | $0.1 \%$ | 21 | $0.1 \%$ |
|  | 580 |  | 20,964 |  | 25,789 |  |

Delegate -- 39th District

| Watts (D) | 406 | $77.5 \% \checkmark$ | 11,297 | $76.2 \%$ | 11,297 | $76.2 \% \checkmark$ |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Kolazas (I) | 116 | $22.1 \%$ | 3,409 | $23.0 \%$ | 3,409 | $23.0 \%$ |
| Write-Ins | 2 | $0.4 \%$ | 122 | $0.8 \%$ | 122 | $0.8 \%$ |
|  | 524 |  | 14,828 |  | 14,828 |  |

Commonwealth's Attorney
Morrogh (D)
Write-Ins
Total
$\begin{array}{r}432 \\ 6 \\ \hline 438\end{array}$

| $98.6 \% \checkmark$ | 151,929 | $98.3 \% \checkmark$ | 155,543 | $98.3 \% \checkmark$ |
| :---: | ---: | :---: | ---: | :---: |
| $1.4 \%$ | 2,611 | $1.7 \%$ | 2,689 | $1.7 \%$ |

## Sheriff

| Barry (D) | 399 | $55.5 \% \checkmark$ | 103,371 | $54.4 \%$ | 105,730 | $54.4 \% \checkmark$ |
| :--- | ---: | :---: | ---: | :---: | ---: | :---: |
| Cooper (R) | 318 | $44.2 \%$ | 86,359 | $45.4 \%$ | 88,201 | $45.4 \%$ |
| Write-Ins | 2 | $0.3 \%$ | 446 | $0.2 \%$ | 462 | $0.2 \%$ |
|  | 719 |  | 190,176 |  | 194,393 |  |

## Soil \& Water -- Norther Virginia District (elect 3)

| Cranmer | 324 | $20.5 \%$ | 80,749 | $20.7 \%$ |
| :--- | :---: | :---: | ---: | :---: |
| Gagnon | 333 | $21.0 \% \checkmark$ | 85,645 | $22.0 \% \checkmark$ |
| Lamb | 412 | $26.0 \% \checkmark$ | 99,092 | $25.4 \% \checkmark$ |
| Marchetti | 150 | $9.5 \%$ | 32,861 | $8.4 \%$ |
| Peterson | 353 | $22.3 \% \checkmark$ | 89,506 | $23.0 \% \checkmark$ |
| Write-Ins | 10 | $0.6 \%$ | 1,578 | $0.4 \%$ |
| Total | 1,582 |  | 389,431 |  |

Fairfax County Board of Supervisors -- Chairman

| Williams (R) | 221 | $29.8 \%$ | 68,676 | $35.5 \%$ |
| :--- | ---: | :---: | ---: | :---: |
| Bulova (D) | 478 | $64.5 \% \checkmark$ | 114,929 | $59.4 \% \checkmark$ |
| DeCarlo (I) | 31 | $4.2 \%$ | 6,596 | $3.4 \%$ |
| Radle (I) | 9 | $1.2 \%$ | 2,976 | $1.5 \%$ |
| Write-Ins | 2 | $0.3 \%$ | 431 | $0.2 \%$ |
| Total | 741 |  | 193,608 |  |

## HOW WE VOTED-NOVEMBER 8, 2011 (CON'T)

Fairfax County Board of Supervisors -- Braddock District

| Cook (R) | 346 | $46.5 \% \checkmark$ | 12,492 | $49.2 \% \checkmark$ |
| :--- | ---: | ---: | ---: | ---: |
| Oleszek (D) | 342 | $46.0 \%$ | 12,121 | $47.8 \%$ |
| Campbell (I) | 55 | $7.4 \%$ | 725 | $2.9 \%$ |
| Write-Ins | 1 | $0.1 \%$ | 37 | $0.1 \%$ |
|  | 744 |  | 25,375 |  |

School Board At Large (elect 3)

| Brown-Kaplan | 294 | $14.7 \%$ | 81,549 | $15.7 \%$ |
| :--- | ---: | :---: | ---: | :---: |
| Kendall | 208 | $10.4 \%$ | 63,119 | $12.2 \%$ |
| Manchino-Smoak | 240 | $12.0 \%$ | 69,935 | $13.5 \%$ |
| McElveen | 354 | $17.7 \% \checkmark$ | 87,150 | $16.8 \% \checkmark$ |
| Moon | 398 | $19.9 \% \checkmark$ | 92,553 | $17.9 \% \checkmark$ |
| Stuban | 173 | $8.7 \%$ | 37,456 | $7.2 \%$ |
| Velkoff | 327 | $16.4 \% \checkmark$ | 85,294 | $16.5 \% \checkmark$ |
| Write-Ins | 5 | $0.3 \%$ | 980 | $0.2 \%$ |
| Total | 1,999 |  | 518,036 |  |

School Board -- Braddock District

| McLaughlin | 454 | $62.8 \% \checkmark$ | 14,754 | $59.9 \% \checkmark$ |
| :--- | ---: | :---: | ---: | :---: |
| Hurley | 268 | $37.1 \%$ | 9,836 | $39.9 \%$ |
| Write-Ins | 1 | $0.1 \%$ | 39 | $0.2 \%$ |
| Total | 723 |  | 24,629 |  |

School Bond

| Yes | 467 | $68.2 \%$ | 133,497 | $69.8 \% \checkmark$ |
| :--- | ---: | :--- | ---: | :--- |
| No | 218 | $31.8 \%$ | 57,813 | $30.2 \%$ |
| Total | 685 |  | 191,310 |  |

Turnout

| Registered voters | 1,604 |  | 640,674 |  |
| :--- | ---: | ---: | ---: | ---: |
| Voting in person | 588 | $36.7 \%$ | 192,087 | $30.0 \%$ |
| Voting absentee | 23 | $1.4 \%$ | 14,548 | $2.3 \%$ |
| Total voting | 611 |  | 206,635 |  |
| $\quad$ Turnout |  | $38.1 \%$ |  | $32.3 \%$ |

## Sources

Voter turnout from the Fairfax County Elections Board.
http://www.fairfaxcounty.gov/eb/returns.htm
Results from Va. State Board of Elections.
www.sbe.virginia.gov

## SEEING FURRY ANIMALS ON YOUR PROPERTY AND HAVE CONCERNS?

- The mere presence of a fox, raccoon, coyote, or bobcat on your property is not necessarily a cause for alarm. These animals are not predatory toward humans and rarely pose a threat to pets.
- Foxes, raccoons, and coyotes can be seen during daylight hours, and daytime activity does not necessarily imply they are rabid, sick, or acting aggressively. Animals that are generally nocturnal can be active during the day, especially during the breeding season when they have to hunt longer to feed their young. Males looking for mates can also be more active during this period and travel longer distances.
- The months of March through July are the pup-rearing season, when foxes and coyotes raise their young. We often get phone calls this time of year with reports of "aggressive" individual animals standing their ground, growling, or hissing. This behavior indicates that a female is protecting her den and is letting you know to go away. The best thing to do is leave her alone and to notify others to keep a distance. Teach children to not approach, feed, or try to pet wildlife. Reinforce that these are wild animals and that they should remain that way. If at all possible, attempt to keep pets from chasing or harassing wildlife, as any wild animal in the act of defending itself could potentially cause harm.
- Often foxes and raccoons are unintentionally attracted to houses and properties due to unsecured trash cans, dumpsters, pet food left outside, fruit trees, and barbeque grills. These animals have keen senses of smell, and anything that smells like a potential food source could be an attractant, even across very long distances. It is the responsibility of the homeowner to assure that they are not attracting wildlife to their yard. Waste birdseed below feeders can attract squirrels and small rodents, which, in turn, can attract foxes or coyotes.
- Like humans and pets, wild animals can have a variety of naturally-occurring diseases. Sometimes the VDGIF tracks these diseases and responds, but in most cases, we do not. Many diseases are endemic (established within an area), and we know they exist, so no new information or benefit is gained by testing the animals. If you see a sick or injured animal, you can report it to the VDGIF to determine what actions may be warranted.
- Rabies is endemic to Virginia and is transmissible only between mammals. Although a very serious disease, it is important to note that modern-day treatment allows for up to 2-weeks after exposure to seek medical treatment that is $99.99 \%$ effective in preventing onset of the disease. Since 1995, there have been 43 human fatalities from rabies nationwide, almost all of which were associated with bat exposure. Only one case involved a fox and one case involved a raccoon. However, it is very important that any exposure of humans or pets to a potentially rabid animal should be immediately reported to the Virginia Department of Health. For more information please see the CDC's Rabies website (http://www.cdc.gov/rabies/) and the Virginia Department of Health's Rabies website (http:// www.vdh.virginia.gov/epidemiology/DEE/Rabies/).

Source: http://www.dgif.virginia.gov/wildlife/urban/


## AGING IN PLACE IN FAIRFAX COUNTY

The Baby Boom generation - born between 1948 and 1964 - is rapidly approaching retirement age. When this trend hits its peak in 2030, the number of people over age 65 in the United States will soar to 71.5 million - twice their number in the year 2000- or one in every five Americans.

## How big is Aging in Place?

- $89 \%$ of people $50+$ wish to remain in their own homes indefinitely (AARP).
- $75 \%$ of remodelers have seen an increase in requests for aging in place work (NAHB).
- $60 \%$ of remodelers already perform aging in place work (NAHB).
- The aging population is the number two issue to affect the remodeling industry over the next five years, only behind the availability of skilled labor (NAHB).

Very few communities are dealing with this coming surge in older Americans. Fairfax County has started posting numerous resources to assist older citizens to "age in place." Here are a few websites to visit:
http://www.liveable.org
http://www.aginginplaceinitiative.org/
http://www.homeevolutions.com/blog/?tag=certified-aging-in-place-specialist

## JANUARY ACTIVITIES AT THE LAKE

## 1/12/2012

Abrakadoodle Mini Doodlers (3-6 yrs) Click to Register with Parktakes Online
Location: Lake Accotink Park I Start Time/Day: 4:30pm Thu
Ignite your child's imagination using real artists' materials, including watercolors, tempera paints, oil pastels, creative tools and more. Carefully designed lessons help children develop skills while enhancing creativity. A $\$ 28$ materials fee is due at first class (checks payable to Abrakadoodle).

## 1/14/2012

## Beading Basics (8-Adult) Click to Register with Parktakes Online

Location: Lake Accotink Park I Start Time/Day: 10am Sat
Students begin with simple beading projects and create more complex projects as they expand their knowledge.
Students should bring nail clippers to class. Supply fee payable to instructor at the first class.

## 1/15/2012

## Ring Readiness (14-Adult) Click to Register with Parktakes Online

Location: Lake Accotink Park I Start Time/Day: 11am Sun
This class prepares you to show your dog at AKC and/or UKC Competition Dog or Rally events. Jumping and retrieving will be taught as well as exercises designed to help with competition or rally events. Dogs must have completed the equivalent of Dog Obedience II.

## 1/17/2012

## Puppy Kindergarten (14-Adult) Click to Register with Parktakes Online

Location: Lake Accotink Park I Start Time/Day: 12pm Tue
Puppies 10 weeks to 6 months learn socialization and discipline fundamentals. Puppy owners learn how to address problems such as housebreaking, chewing and jumping. Puppies should wear a buckle collar and be up-to-date with shots.


CLASSIFIED ADS may be placed in the Farmer at no cost to residents of Ravensworth Farm. Classified ads must be mailed to: The Ravensworth Farmer, P.O. Box 1020, Springfield, VA 22151. This classified ads section is a service to Ravensworth residents, and is not intended for business or commercial use. Accordingly, we will run ads for house sales, commercial services, etc. in this section once; if the advertiser wishes to repeat them, he/she must shift them to the paid ad category.

| SERVICE <br> OFFERED | Lifetime Ravensworth resident and former owner of The Ski Shack is offering ski/ <br> snowboard sharpening/waxing if anyone is interested and in need of a sharpening/ <br> waxing the old school way. He's got all of his equipment and is raring to go! \$25 for <br> skis \$35 for snowboards. Call Mark Reynolds at 571/334-1928. Swoosh swoosh! |
| :--- | :--- |
| FOR SALE | 2011 White House Ornaments. \$18.00 each; this includes taxes and shipping-plus, <br> free delivery to Ravensworth Farm Residents. Call 703-321-7456. View the ornament <br> at www.whha.org (White House Historical Association.) If you would like to pre-order <br> ornaments in the future, contact Michael at mariandmcl@aol.com and put "ornaments" <br> in the subject line. |
| GOLFING ITEMS | \$300 - Callaway Big Bertha 2008 Game Improvement Irons. Men's Right Hand, mid- <br> size grip, standard length/Lie, steel shaft. Full matching 11 iron set: Ibrid Ions: 3, 4, <br> 5; Regular Irons: 6, 7, 8, 9; Wedges: Pitching, gap, sand, lob. |
| FOR SALE | \$85-MRH Taylormade R7 Driver with headcover-adjustable weighting - 10.5 de- <br> gree, regular flex, mid-size grip. |
| \$10 - Golf push cart <br> Contact Michael at 703-300-4600 or 703-321-7456 or email mariandmcl@ aol.com |  |
| WANTED | Good used furniture for needy low income families in the Annandale area. Needed are <br> beds, dressers, kitchen tables \& chairs, sofas, love seats, end tables lamps and TV's. <br> Unfortunately, we cannot take sleep-sofas. Call Bill Sinclair at 703-321-7529 or the <br> Anandale Christian Community for Action warehouse at 703-256-1991 Call the <br> warehouse ONLY on Saturday mornings. |

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Ravensworth Farm Resident since 1990
FBI Agent retired January 2011

I provide individual or two person training sessions one hour in duration. The training starts with a comprehensive assessment. We will work together to achieve your personal goals.

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Basic: Pay as you go
Single session $\$ 65.00 / \mathrm{hr}$
Two person session $\$ 85 / \mathrm{hr}$

10 session package
Single session $\$ 60.00 / \mathrm{hr}$
Two person session $\$ 80.00 / \mathrm{hr}$

20 session package
Single session $\$ 55.00 / \mathrm{hr}$
Two person session $\$ 75.00 / \mathrm{hr}$


Call Crowley for all of your plumbing needs.

$$
\begin{aligned}
& (703) 922-6534 \\
& \text { cELL: (571) } 329-3226
\end{aligned}
$$

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- Windows Bath \&
- Doors Kitchen
Siding Remodeling Superior Ratings for
Honesty \& Quality Performance in Consumer Reports

We care about the Ravensworth Community. For your home
improvements, call (703) 916-8372. WWW.WindowsPls.com

5532 Hempstead Way Springfield, VA 22151


Come, and see!
Hope Lutheran Church is an inclusive and welcoming congregation, offering a variety of ways to become involved and to serve your community. Why not come and see for yourself? Join us on Sunday for:

- Classes for kids and adults - 9am
- Worship at 10am Holy Communion is celebrated every Sunday
- Kids' chapel during the service
- Attended Nursery available
- Coffee and fellowship before and after the service
- Monthly potlucks on the 2nd Sunday - great food and fellowship!

Hope Lutheran Church, 4604 Ravensworth Rd, Annandale, VA 703-256-9040 www.hopeannandale.org



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[^0]:    Article I, Section 3, of the Civic Association's By-Laws provides that the Association shall be strictly non-partisan, non-political, and nonsectarian. Accordingly, the invitation of elected officials and other public figures to speak at Association meetings, and the inclusion of paid political or commercial advertisements in the Farmer or in the attached flyers, do not constitute endorsements by the Association.

